DARK HORSE
BRAZILIAN JIU-JITSU

950 S. Elgin Ave. Longmont, CO 80501
(303)-489-9614
bjjdarkhorse@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am-11:00am -Women's Class		6:00am-7:00am -All levels		6:00am-7:00am -All levels		8:00am-9:00am -No Gi All Levels
11:00am-12:00pm -Randori	12:00pm-1:00pm -All Levels	12:00pm-1:00pm -Workshop	12:00pm-1:00pm -All Levels	12:00pm-1:00pm -Workshop	12:00pm-1:00pm -Randori	9:00am-10:00am -Kickboxing
	4:15pm-4:45pm -Little Ninjas	4:15pm-4:45pm -Little Ninjas NOGI	4:15pm-4:45pm -Little Ninjas	4:15pm-4:45pm -Little Ninjas NOGI		10:00am-11:30am -Intermediate
	4:45pm-5:30pm -Juniors	4:45pm-5:30pm -Juniors NOGI	4:45pm-5:30pm -Juniors	4:45pm-5:30pm -Juniors NOGI		11:30am-12:30pm - All levels
	5:30pm-6:30pm -Intermediate	5:30pm-6:30pm -Fundamentals & Advanced	5:30pm-6:00pm -Kids Comp Class	5:30pm-6:30pm - Intermediate	5:30pm-6:30pm -Intermediate	12:30pm-1:00pm -Randori (All Levels)
	6:30pm-7:00pm -Porrada	6:30pm-7:00pm -Porrada	5:30pm-6:30pm -Fundamentals	6:30pm-7:00pm -Porrada	6:30pm-7:00pm -Porrada	
	7:00pm-8:00pm -Fundamentals	7:00pm-8:00pm -NOGI Intermediate	6:00pm-7:00pm -Intermediate	7:00pm-8:00pm -Fundamentals & NOGI Intermediate		
	8:00pm-8:30pm -Randori (All Levels)	8:00pm-9:00pm -Muay Thai		8:00pm-8:30pm -Randori (All Levels)		
	7:00pm-8:00pm -Kickboxing			8:00pm-9:00pm -Muay Thai		

Fundamentals Class: Fundamentals Curriculum. ***All are welcome!***

All Levels Class: ***All are welcome!***

Intermediate Class: Must be a Green Belt or above

Women's Class: All women are welcome for free! ***Tell your friends***

Advanced Class: Blue belt and up only.